

Parameters of the program

Musis podac iekiel dane
d
sadiyd
v
sd
vsv

DZ DOBR
8 MAR 750

Name
Jan

Surname
Kowalski

Friends call me:
Janek

< Back Next > Finish X Cancel

FIG. 1 A

Parameters of the program

Musis podac iekiel dane
d
sadiyd
v
sd
vsv

DZ DOBR
8 MAR 750

Date of birth:
1971-01-06

Height in cm:
180

Weight in kg:
60

BMI:
[REDACTED]


Sex:
☒ Man
☒ Women

Other:
☐ Pregnancy
☐ Breast-feeding

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FIG. 1 B

Parameters of the program x



Muscle coded values: done

☒ sedentary

☐ intense

☐ very intense

predisposition

Lifestyle

☒ sedentary

☐ intense

☐ very intense

Predisposition to obesity

☐ I have't predisposition.


☒ I have predisposition

☐ I have big predispositions

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Finish
X Cancel

FIG. 1 C

Parameters of the program x



Muscle coded values: done

☒ sedentary

☐ intense

☐ very intense

☒ I don't practice professional sports

☐ I practice fast-strength sports

☐ I practice endurance sports

Amount of training
hours daily

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Next >
Finish
X Cancel

FIG. 1 D

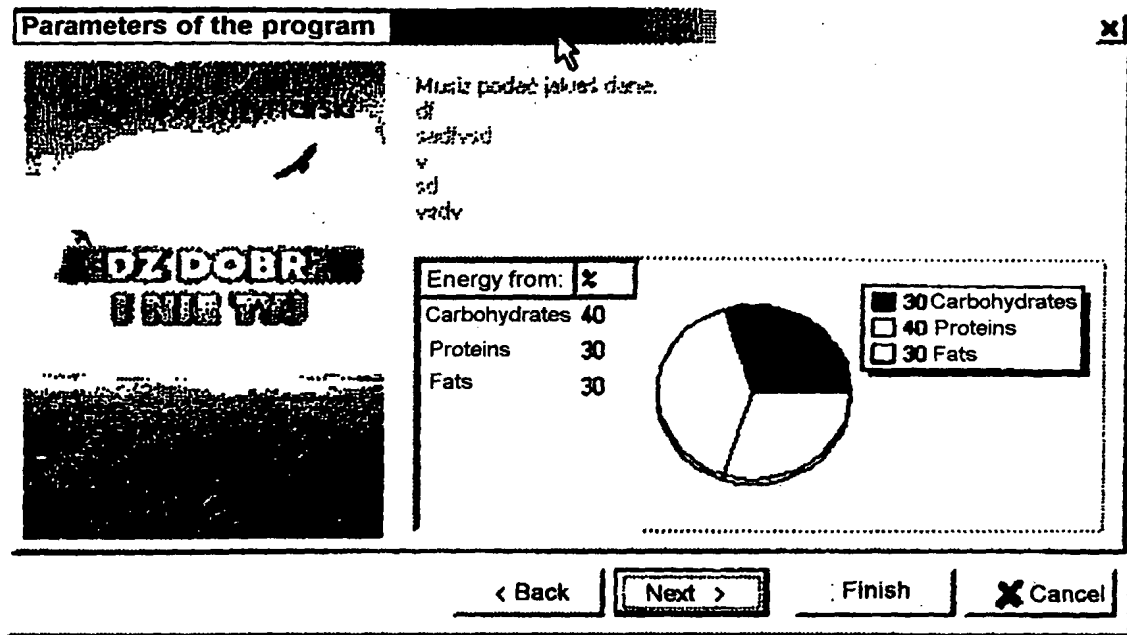


FIG. 1 E

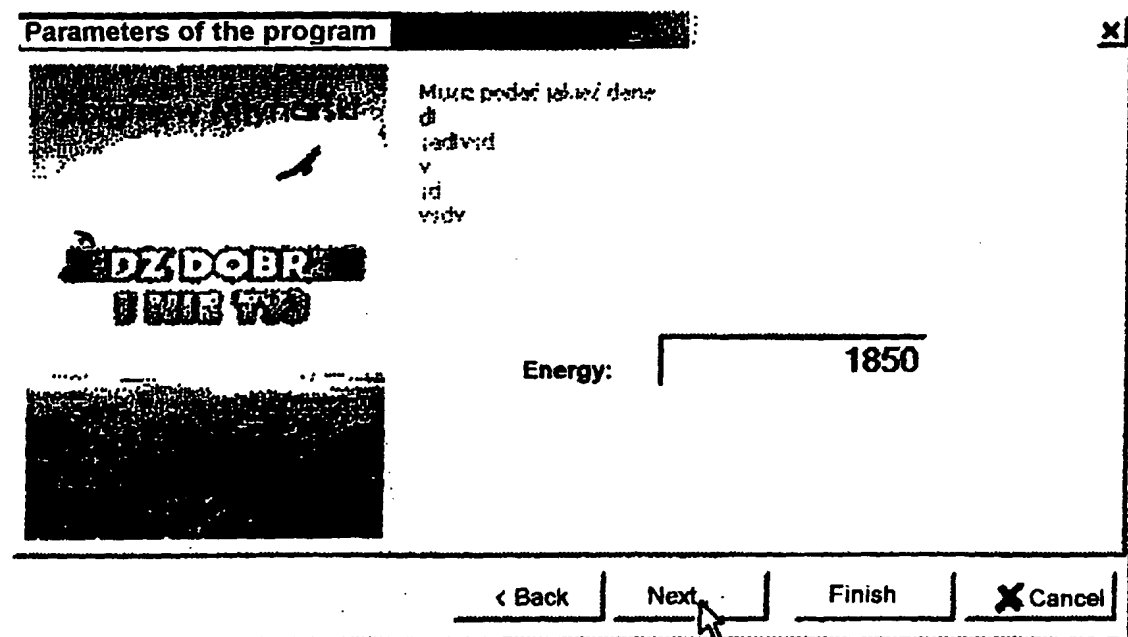


FIG. 1 F

- [X] X
- [X] X

DrDietman - [Menu 2004-01-14]

eat that way Food Restaurants: User Windows Help

Introduction and analysis of the menu

General | Occupations

Date **[2004-01-14]**

Folder **[Realized]**

Add pos. Correct pos. Remove pos. Add Correct Remove

Lunch	(1502) kcal	(5.5)	amount	unit of meas.
Chicken			400	g/gn
Leek			5 pc	(70.0)g
Table salt			5.5 g	
Baguette			70 g	
Orange, juice			1000 g	

(... add ...)

Balance	Contents of elements	Calograph	Ptot./Fats/C	Fats	Additional subst.
Nutrient	Prod. with min Prod. with max	From	Magnify		
Energy (kcal)	7%				
Protein	85%				
Carbohydrates	85%				
Threonine					
Isoleucine					
Valine					
Phenylalanine					
Saturated fatty acid	55%				
Polysat. fatty ac.	43%				
Cellulose	35%				
Calcium	69%				
Magnesium					
Potassium					
Zinc	56%				
Manganese	60%				
Vitamin A	59%				
Vitamin E	67%				
Vitamin B1					
Vitamin B3					
Vitamin B6					
Protein					
Cholesterol					
Water					
Iron					
Phosphorus					
Sodium					
Copper					
Selenium					
Vitamin D					
Vitamin C					
Vitamin B2					
Vitamin B5					
Vitamin B12					

Analyzer 0.2

Menu Menu for...

Start

Reports Save Close (Cancel)

Dolph 7 Register

Clipboard Re: Drawings Compose...

Kal Fig. 2.10 Analyzer

15:26

FIG. 2